



## Join the final event of the *‘HAND IN HAND: Empowering teachers across Europe to deal with social, emotional and diversity related career challenges (HAND:ET)’ project!*

Teachers across Europe and beyond consistently note that navigating an ever more diverse classroom environment adds complexity, diversity, and dynamism to their profession, resulting in heightened stress levels and an elevated risk of burnout.

By cultivating social and emotional competencies alongside fostering diversity awareness, educators enhance their ability to understand and empathize with students from diverse backgrounds. This not only provides them with clarity but also equips them with the flexibility to adapt their responses to the evolving demands of the contemporary classroom.

***HAND IN HAND: Empowering teachers across Europe to deal with social, emotional and diversity related career challenges (HAND:ET)*** is a **policy experimentation project** focused on teachers by supporting their development of social and emotional competencies as well as their diversity awareness (SEDA) with intent to **empower them for the complexity of everyday working life and enable them to deal flexibly with new challenges while putting their well-being at the center.**

Final event will be held online on the February 7th from 10 to 12 am (CET).

[REGISTER HERE](#)

## In the final event you will have the opportunity to:



Understand the importance of teacher's well-being for quality of the education and students well-being.



Learn about the key concepts behind HAND: ET programme and their effect on teachers' well-being.



Learn about the impact of the HAND:ET programme in five implementing countries (AT, HR, PT, SI, SE).



Learn about the recommendations and potential initiatives and actions that can contribute to raising awareness and understanding about the importance of teacher's well-being and incorporating the program in existing policies.

## Agenda

**10:00 Introduction**

**10:10 Supporting teachers' well-being:  
Insights from research and practice**

Iris Marušić & Ivana Pikić Jugović, Institute for Social Research Zagreb (ISRZ)

**10:30 The HAND: ET project, its outcomes and findings**

Ana Kozina, Educational Research Institute (ERI)

**11:00 Impact of the HAND:ET programme and recommendations for further actions**

Urška Štremfel, Educational Research Institute (ERI)

**11:30 Q&A - Closing**

[Register for the Final Event here!](#)

[Learn more about the HAND:ET Project!](#)

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